



COVID-19 Oversight Group
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Richmond Training Centre COVID-19 Response Plan

For any reference to “close contact”; Close contact is defined as being within 2m of another individual for longer than 15 minutes, without the proper use of PPE (i.e. healthcare workers).

Completion of Skate Ontario COVID-19 Waiver

- All individuals participating at the Richmond Training Centre (RTC) must complete the Skate Ontario Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19 (“COVID-19 Waiver”). Failure to do so means that individual must not participate in any RTC activities.
- Any individual participating in RTC activities is required to complete a COVID-19 Waiver, or have a signed COVID-19 Waiver on-file with Skate Ontario:
 - Skaters
 - Coaches
 - Staff
 - Volunteers
 - Officials (please note: this will be kept on file with Skate Ontario)

An individual becomes unwell with symptoms of COVID-19

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in any RTC related activities.
- The individual should be isolated from all others in a well-ventilated area, or outside and provided with a non-medical face mask if one is available.
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing.
- The facility should be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting.
- A member of the COVID-19 Oversight Group should be informed of the situation and should contact the individual or their parent/guardian to determine if next steps are being taken regarding testing.

An individual is tested for COVID-19 as a result of showing symptoms of COVID-19

- Any individual that is part of the Richmond Training Centre that has shown symptoms of COVID-19 and has been tested for COVID-19 must not participate in any RTC related activities while awaiting their test results.
- Even if their test result is negative, the individual is not permitted to resume any skating activities until they no longer show any symptoms of COVID-19.
- RTC will consult the Session Participation tracking sheets to inform other members who might have been in close contact with the individual.
- Any RTC members who were in close contact with the individual should not participate in any RTC related activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals.

An individual tests positive for COVID-19

- If an individual tests positive for COVID-19, they must inform a member of RTC's COVID-19 Oversight Group.
- The RTC COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other RTC members who may have been in close contact with the individual.
- Any RTC members who were in close contact with the individual not be permitted to participate in any RTC related activities for 14 days and should follow public health guidelines regarding self-isolation and testing.
- RTC will inform all members of a positive COVID-19 result.
- RTC will inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines.
- RTC will inform Skate Ontario of a positive COVID-19 diagnosis by e-mailing clubsupportservices@skateontario.org

Return to club/skating activities following illness

- If no test was performed, or the COVID-19 test was negative, the individual may only return to RTC related activities once they no longer have any symptoms of COVID-19.

Return to club/skating activities following COVID-19

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

Modification/restriction/postponing or canceling of club/skating school activities

- Based on the evolving COVID-19 pandemic, the Richmond Training Centre is prepared to follow public health, municipal/provincial government and sport recommendations regarding modifying/restricting/postponing or cancelling activities.
- RTC members will be informed as soon as possible of any modifications/restrictions or cancellations.
- RTC will keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government or sport officials.

Public Health Guidelines

Richmond Training Centre members should follow all public health guidelines regarding COVID-19. These may include:

- Any individuals who themselves have travelled outside of Canada, or has someone in their household who has travelled outside Canada must self-isolate and is not permitted to participate in any RTC related activities for 14 days.
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in any RTC activities for 14 days.
- Any individual with symptoms of COVID-19 is not permitted to take part in any RTC activities.
- Any individual who has someone in their household showing symptoms of COVID-19, is not permitted to participate in any RTC activities.